



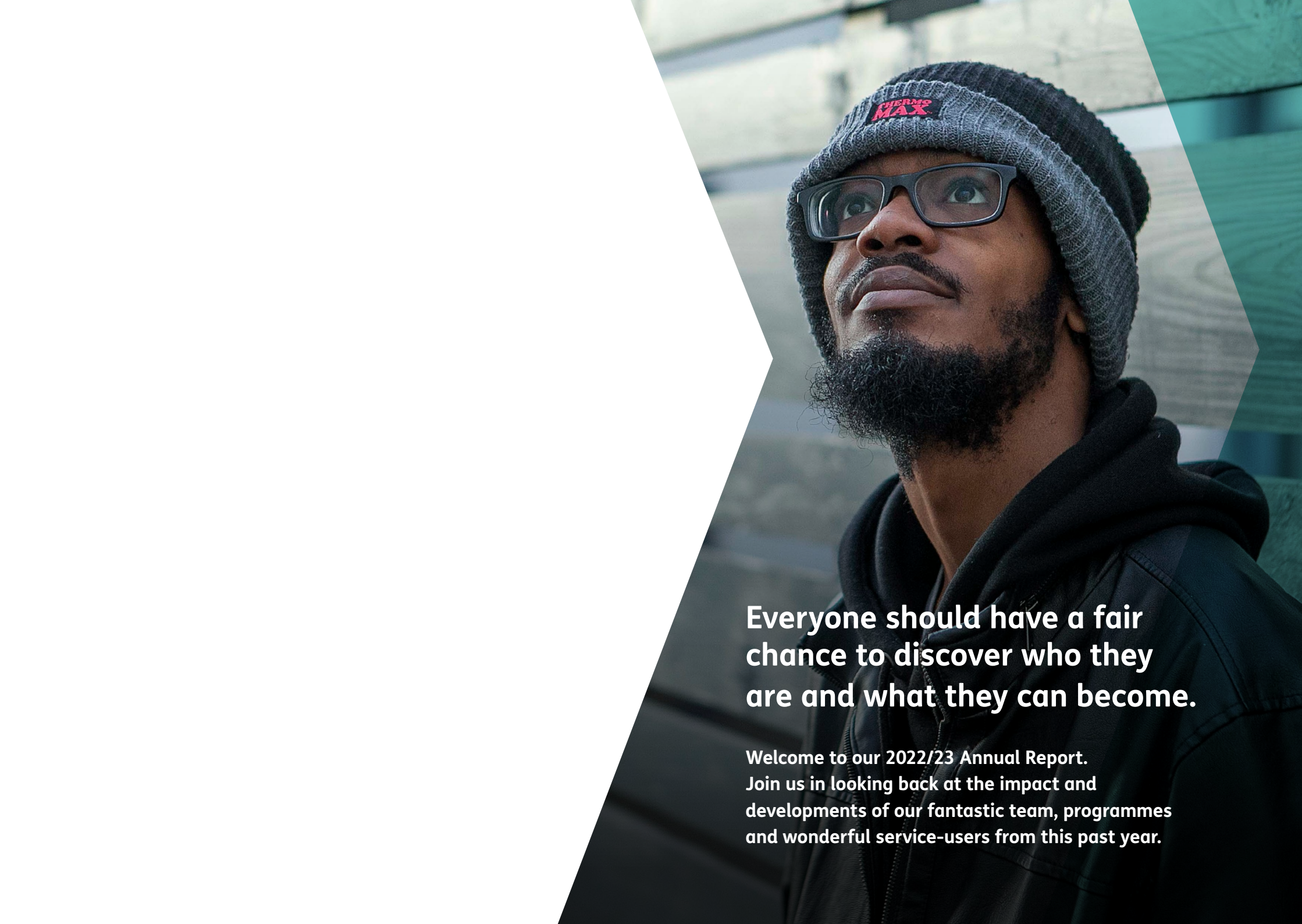
Here for young people
Here for communities
Here for you



Annual Report 2022-23

YMCA ROBIN HOOD GROUP





**Everyone should have a fair
chance to discover who they
are and what they can become.**

Welcome to our 2022/23 Annual Report.
Join us in looking back at the impact and
developments of our fantastic team, programmes
and wonderful service-users from this past year.



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Many of the case studies, quotes and photos throughout this report have been anonymised to safeguard the people we support.

Message from the Chair of Trustees



Angela Barbaro-Robins
Chair of Trustees

I couldn't be more proud of the way we have pulled together to continue to provide crucial services to those who need them.

Look and you will quickly realise that no two YMCAs are the same. That is because of our heartfelt belief in being shaped by community need at its most local level. 'With', not 'to'.

At YMCA Robin Hood Group, we have two types of service. 'Responsive', such as Supported Housing, designed to support people at their most vulnerable; and 'Preventative'. This is the youth programming, family work and outreach we do, with ideals of putting our Responsive services out of business.

It's not been an easy year for families. The lingering aftermath of COVID-19 and ongoing cost of living crisis continues to make its mark across the UK. I couldn't be prouder of the way we have pulled together to continue to provide crucial services to those who need them.

Children's Residential Care has transitioned to a fully therapeutic model, and we're delighted to have expanded our Supported Housing provision to include Unaccompanied Asylum-Seeking Children as well as an entirely new service for 16-25 year-olds.

Since 2015 we have been diligently working on our Community and Activity Village in Newark, which opened its doors in July 2022 - providing an endless wealth of opportunities for local families and the community.

As we reflect on the past year, I want to say a huge thank you to staff, stakeholders, and partners, as without you, we would not be able to make the life-changing impact that we do.

Kindest Regards,
Angela Barbaro-Robins



Opportunity for All

Across the worldwide movement, YMCAs work as part of local communities as drivers of equity, fairness and opportunity.

At YMCA Robin Hood Group, our programmes are carefully designed to respond to local needs, and wherever possible, we remove barriers so that young people from all backgrounds can benefit from our services.



Scholarships

A fundamental part of our services for children and young people, Scholarships facilitate financial inclusion and make sure that every young person can enjoy the same, life-shaping opportunities.



Community Sessions

No or low-cost activities designed to meet the needs of our whole community in mind, body and spirit. From tackling loneliness in older generations, to teaching cooking skills to homeless young people.



Front Line Services

Support for our most vulnerable young people. Safe homes and therapeutic support for children unable to live with their own families, through to pathways to independent living as adults.

Our Group Structure

YMCA Robin Hood Group is an alliance of local YMCAs and organisations, all working to support the local community across Nottinghamshire and East Riding.



Developmental Assets

All our services are shaped around supporting young people to build core values and behaviours known to drive positive outcomes.

Based on insights from the Search Institutes Developmental Assets, a child's likelihood of a happy future significantly increases when they envision a positive future for themselves, believe in their inherent worth within a community, and receive consistent affirmation from teachers, parents, and other role models.

Learn more at www.search-institute.org

External Assets

- Support
- Constructive use of time
- Empowerment
- Boundaries & Expectations

Internal Assets



- Positive Values
- Positive Identity
- Commitment to learning
- Social Competencies





YMCA Core Values

Our Core Values of Caring, Honesty, Respect and Responsibility are woven into all our services and operations.



Our staff, young people, and volunteers are recognised for exemplifying these values over other kinds of achievement, keeping us aligned to our purpose – that everyone should have a fair chance to discover who they are and what they can become.





Caring
Be caring and kind to both oneself and others



Honesty
Be honest with oneself and truthful to others



Respect
Treat every living being including yourself with respect



Responsibility
Take responsibility for your actions and do what is right

Supported Housing

“ This is showing me that I have got the confidence to do things and I have got the confidence to live better.”
- Ahmed, Supported Housing resident and cooking project participant



Supported Housing

It's been both a challenging and rewarding year for Supported Housing, providing temporary homes for those working towards independent living. In the face of the highest demand for homelessness support since records began, our determined team have continued to deliver safe homes and dedicated support with both skill and compassion for our community's most vulnerable people.

In the past year, our resident population has shifted to support more young people, with over 53% of bed spaces occupied by under 30s. And, though our Building Better Opportunities service came to the end of its delivery, we grew our accommodation for a wealth of targeted support services, including homes for Unaccompanied Asylum-Seeking Children and 16+ in Mansfield. Our contract for Multiple and Complex Needs support was extended, which included the offering of the winter night shelter during the colder months. Our front-line staff received financial resilience training to support those in our care through the challenging cost of living crisis.



Shannon's Story

Shannon's early life was challenging. Involved with social care from a young age, her home life was unstable, with numerous changes of address and schools. Shannon found it difficult to settle and build a friendship group as she moved around.

During her first years of secondary school, Shannon started to become even less engaged, often getting into trouble. Challenges with her mental health started to develop too, and after a breakdown of family relationships, Shannon was placed in emergency accommodation before moving into a YMCA Robin Hood Group hostel.

Despite the challenges she faced, Shannon bravely let us support her, learning independent living skills such as hygiene, cleanliness, and cooking.

Over time she got involved in programmes such as the School of Artisan Food cooking programme and outdoor education, along with other, confidence-building activities.

These and other factors contributed to Shannon's wellbeing, resulting in a much greater sense of self-belief. We are incredibly proud of her for taking on an apprenticeship as a Teaching Assistant in a local school. Shannon attends the school five days a week, enjoys her job, and has been inspired to train as a teacher.

Shannon is a shining example of determination, and when the time is right, we are confident she will successfully transition to independent living.

“Shannon is a shining example of determination”





Unaccompanied Asylum-Seeking Children Service

The UASC service is for 16-21-year-olds fleeing war-torn countries. We look after 30 young people across 13 self-contained units and four shared houses. This dedicated support helps these young people to forge community links, such as with the Refugee Forum, and guides them on how to access services such as GP surgeries, dentists, training and education. Our goal is to empower these young people to achieve independent living.

We give these young refugees a safe space to talk about their traumas, and we develop support packages for each resident, providing tailored plans for every individual and helping them set achievable goals. To empower the young people with a sense of belonging within the local community, we make sure that can access places of worship and celebrate the religious events that are pertinent to them.



HLF Cookery Project

Made possible by the Heritage Lottery Fund, young residents enjoyed an incredible programme this year of cookery, kitchen skills and food heritage.

This collaborative project with YMCA, Malt Cross and The School of Artisan Food built confidence and aspirations, as well as cooking skills.

 [Read more about it on Page 38](#)

Refurbishment of Mansfield Hostel

In preparation for the launch of our new 16+ service, we fully refurbished our large Mansfield accommodation, and three of our smaller transitional properties, seizing the opportunity to support young people from the ages of 16-25.

The transformation of these properties in Mansfield was a remarkable group effort, getting the accommodation ready for the new service in a few short weeks. From August 1st, we welcomed new team members and our first young residents into the new, fully refurbished accommodation.

Our Supported Housing service is about so much more than putting a roof over our residents' heads. It's about care and empowerment, giving young people a place to feel comfortable, proud and at home in while they work towards independence.

**61% moved to
secure tenancies
and permanent
accommodation**



Children's Residential Care

“ She has flourished into a young girl who wholeheartedly embraces life's simple pleasures.

- Terri, Registered Manager



Children's Residential Care

Our Children's Residential homes are a core part of the services we provide, giving young people who can't live with their families a home and a community. In this, our 11th year as a provider of this life-changing service, we've made a significant change to how we look after young people, transitioning to a therapeutic care model which is now delivered by our own Forensic Clinicians.

This year we have supported 18 young people, each finding a place to call their own in one of our beautiful, family-style homes. We are proud to have opened the doors to a new home too, in Newark, with close access to the wonderful youth activities hosted at the YMCA Village.

18 Young people supported

6 Residential care homes 

8 Receiving therapeutic support



What is therapeutic care?

Therapeutic care ensures every child can access professional therapeutic treatment and support, tailored to their own needs, situation, and interests. Three levels of support are offered, depending on the complexity of a young person's needs.

Level 1 - Dynamic

For children with the most complex needs, the clinical team is closely involved in most aspects of their lives, applying a multi-layered psychological approach.

Level 2 - Activities & Psychotherapy

Additional support from clinically informed key workers, utilising therapies such as CBT or psychotherapy to build on the therapeutic activities of Level 3.

Level 3 - Activity-Based

Clinically supervised, activity-based therapy such as art or equine therapy, depending on the child's interests, with talking therapy integrated into the service offer.

Psychologically & Trauma Informed Care

YMCA provides forensic level care in all its services, ensuring a consistent experience of safety, trust, collaboration and choice for children.

Zoe's Story

From the moment she arrived, Zoe began an extraordinary adventure towards her new life. Wrapped in eleven layers of clothing, she had not experienced a stable family home for many years.

With nurturing, therapeutic efforts, and unwavering patience, the staff at YMCA have worked closely with her towards a brighter future. Zoe has blossomed into a young girl who wholeheartedly embraces life's simple pleasures, participating in activities like swimming, bowling, and rock climbing with boundless enthusiasm.

Zoe's affection for the staff at YMCA, who have become her protectors and mentors, is evident to all who know her. Today, she stands as an inspiring superstar, a testament to the incredible power of love and support.

When Zoe arrived at our home, she suffered from trauma, PTSD, and ASD. Zoe required wrap-around care and did not feel confident in leaving the house.

Recently, Zoe attended Camp Williams with YMCA. This marked the first time she had spent time away from the home staff since her arrival in July 2021. Astonishingly, Zoe participated in camp with no additional support and even smiled and waved at staff before immersing herself in the activities.

Zoe received the "Giving 100%" certificate at camp and has since expressed her love for the experience, describing it as "fantastic." She eagerly asks when she can attend again, a testament to the positive impact it had on her. We look forward to continuing to watch her thrive and conquer new adventures.

Today, she stands as an inspiring superstar



Children, Youth & Families

“Fridays are very good as we get freedom to play fun games and listen to music. You're not being told what to do, I feel I have a choice.

- Ben, Camp Williams camper



Youth and Families

It's been a busy year supporting families and young people across Nottinghamshire, delivering a broad range of opportunities in the arts, adventure programmes, and mentoring.



Youth Music Programme

Held at YMCA's Mansfield hostel for young people aged 16+, the programme helped young residents build confidence and forged friendships as they learned and produced music together.



Adventure Guides

A programme designed to help families spend quality time together in a mix of engaging activities. We hosted 12, fun-packed events, from camping weekends to cooking lessons at the Malt Cross.



Y's Girls

After an incredibly successful delivery, our pilot programme for girls' mental health came to a close. Funded by the Department of Culture, Media, and Sport, Y's Girls won Family & Youth Work Programme of the Year at the YMCA England & Wales 2022 Youth Matters Awards.

Pairing girls aged 9 to 14 at risk of mental health crises with volunteers, mentors gave their time every week to support them as they found their feet and gained confidence. We're very proud of every person who took part in the programme, from the volunteer mentors to the 25 girls they supported.

2,396

Young people engaged

395

Youth sessions delivered

35 : 80
Families engaged : Delivery partners



Access to Nature

Our Access to Nature programme has been particularly successful. Many of the young people involved in the programme had social, behavioural, mental health, and educational needs that can make it difficult to engage, but our fantastic Outdoor Education Team were able to harness the beauty of nature to promote life skills and teach young people about the great outdoors.

Our young participants threw themselves into the programme, learning new skills during visits to national centres of wildlife and nature, such as the Peak District and Sherwood Pines, and heritage sites such as Clumber Park and Rufford Abbey. Activities included indoor and outdoor climbing, orienteering, mountain biking, cave tours, and environmental volunteering, giving the participants the chance to develop soft skills such as communication, teamwork, and leadership, which can be built upon in the years to come.



I've gained more confidence in myself and I feel like I can do anything!

- Quote from a young person on the programme



Camp Williams

Our flagship school holiday programme, every part of the programme is by design, carefully shaped using the building blocks of positive youth development. Bursting with activities, it was a privilege to award 38 children Scholarships this year to families who could otherwise not afford to take part.

Another hugely proud achievement has been the launch of our second site. In August 2022, we were excited to launch a second Camp Williams holiday programme at YMCA Community and Activity Village in Newark, which has engaged 325 children over the year. The highlight for Camp Williams this year has been the growing community at Newark, as campers get the opportunity to enjoy all the amazing facilities and activities available at the Village, including climbing, basketball, a dance studio, and much more.

After eight successful years, Nottingham's Camp Williams is being held at The Nottingham Emmanuel School for the final time and will be moving to The Becket School later in 2023. The new venue offers an exciting array of indoor and outdoor facilities for children to enjoy during school holiday periods.

“ Absolutely fab holiday camp. My girls, aged 8 and 5, both thoroughly enjoyed it! There’s so much to do for both ages and a team that makes children feel like family. I’ll definitely be bringing them back in the summer! ”

1,517
Children involved

9.3/10



Average customer feedback



Creative Academy

Designed to build confidence, resilience and creativity, Creative Academy is a vehicle for self-expression, and welcomes young people of all backgrounds and experiences to enjoy performing arts.

This year, we received funding to provide performing arts outreach work in collaboration with local education providers and youth groups in Newark and Sherwood. We're deeply grateful for the funding received, enabling us to provide a premium experience for the young people who attend, most of whom are from low-income backgrounds. Twenty-percent of participants live with mental health conditions such as anxiety and depression and 30% live with some form of learning disability.

Violet's Story

Violet is a wonderful girl who joined us in February 2023 after being encouraged to attend by a friend. She attends a local special-needs school and has developmental delay which affects her fine motor skills, as well as her cognitive processing and attention span.

Violet was well received and supported by the group from the start. We assigned her a buddy – a more senior member of the group – who helped her learn the choreography, while coaching and refining her performance skills. Violet grew in confidence over several months, culminating in a performance in front of a large audience at The High Sheriff of Nottingham's Induction at the Village.

Violet's parents were delighted, seeing their daughter overcome communication, cognitive, and social barriers to build bonds with the young people of the group.

“ Violet’s confidence grew week on week, and her parents were over the moon to see her perform to over two hundred people with a huge smile on her face. ”





Childcare

Our inspiring before and after-school clubs are designed to help children discover their interests, develop new skills, and support their educational outcomes. Running across five school settings in Nottinghamshire, parents and carers rely on these clubs to provide healthy breakfasts and snacks, skills coaching, and mindfulness for their children, delivered by our amazing Play Leaders.

The after-school club at Middleton Primary in Wollaton has successfully expanded to operate from two sites at the school, using the school community room and the local community centre to engage an additional 15-20 children per session.

Wollaton Holiday Club has continued to engage children in a journey of discovery, exploration, and adventure. Children have enjoyed a combination of STEAM Activities, games, sports, swimming, and arts and crafts in the care of our role model leaders.



Nursery

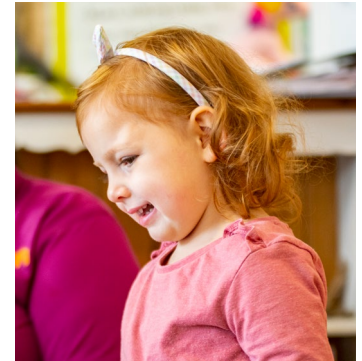
Our nursery is one of the stand-out features of the YMCA Community and Activity Village in Newark. Launched in August 2022, the nursery employs eight Early Years Educators and three Early Years Apprentices, nurturing 74, 0-5 year-old children through imagination-led play.

Situated on the ground floor of the new YMCA Community and Activity Village in Newark and Sherwood, our Ofsted-registered nursery stretches across six spacious and purposefully designed spaces, including a sensory play area, furnished with tactile, engaging toys that evoke children's curiosity. The nursery also benefits from a fully fitted onsite kitchen, milk kitchen, and large, landscaped outdoor space for children to run and play in, making their own adventures with teepees, a mud kitchen, and allotment areas.



We follow the key STEAM curriculum outlined for early years in science, technology, engineering, art, and maths, while encouraging children to learn through play, enjoying exciting and varied activities.

Our Parent/Carer forum has proven useful for receiving feedback and organising family events such as King Charles' coronation, national fish and chips day, and our first graduation event for those children who will be moving to primary school this year. It's been a fabulous year, and we look forward to the next 12 months of learning, growth, and fun!



 **74 children enrolled**



YMCA Community & Activity Village

“ I really enjoyed trying out equipment that I have never used before. I had competitions with my friends – it made exercising fun!

- Laura, young participant from the Gypsy, Roma and Traveller project

NEWARK & SHERWOOD



YMCA Community & Activity Village

Eight years in the making, we were thrilled to open the doors of the YMCA Community and Activity Village in July 2022. No less than 800 people joined us for our opening celebration.

This astounding space represents a truly community-led approach to youth development and is bursting with opportunities that will support young people and families for decades to come.

There is nothing else quite like the Village in the UK. Over 43,000 sqft, astounding facilities include a world-class Climbing Centre, Strength & Conditioning space, full athletics provision, full-size football pitches, education rooms, a purpose-built art room, fully equipped dance studio, striking conferencing facilities and so much more.

As young as 3 months, babies join our beautiful imagination-led Nursery, whilst across the hall the ever-popular YMCA Café often plays host to grandparents at our regular ‘Meet & Eat’. Upstairs, local not-for-profit organisations now operate from YMCA’s business space, and young people from Newark College are working towards qualifications.

Every day, Members of the Village enjoy the classes on offer. After school, our dedicated youth programme offers everything from cooking to bouldering, basketball to musical theatre. A dedication to equity, the Village is home to our Community Sessions too – subsidised or funded sessions designed to meet the needs of everyone in our community.

Our Highlights

With so much going on at the Village, it would be impossible to list everything that has happened this past year. These highlights demonstrate some of our proudest achievements, and showcase the real purpose of our facility.



Partnership with Newark Orchard School

It was our privilege to welcome 20 children from our local special school to take part in a fitness class, designed specifically for them, using indoor and outdoor equipment to improve the children's coordination and cooperation. Teachers told us the children had a wonderful time and are excited to come back.

227 Village members **1,848** Fitness classes visited

87 Children training for a National Indoor Climbing Award **£11,059** Raised through community fundraising



Legends Classes

Our thrice-weekly Legends classes for older members have been a huge success, with members learning how to deadlift, squat, and bench press, building strength and confidence that has hugely benefited their day-to-day lives. The group has established a strong community, forging meaningful connections and making the most of the café after class.



Games Club

Starting in February 23, the Games Club is a weekly session in which older members meet up to socialise, drink coffee, and play board games together. Our members tell us the club is a big help when dealing with issues like social isolation.



I can't wait to come back tomorrow!

- Aiden, Village Youth Member

Climbing Centre



The Climbing Centre at the Village is an impressive, purpose-built facility with a vast array of exciting features and programmes on offer for all ages and abilities. We've seen our members take advantage of this amazing resource, developing climbing skills while building confidence and forging friendships.



Lily's Story

Lily was nervous about falling from the wall during her first WILD climber session so her coaches practised climbing and falling with her to build her confidence. Lily worked hard to reach new heights, and on the last day before the summer holidays, she made it past a challenging section, two metres off the ground, which gave her the confidence to go all the way to the top. Lily is currently our youngest WILD climber to have made it to the top of our 15.5m wall, managing this incredible feat at the age of 5!

Tommy's Story

When Tommy first attended our NICAS (National Indoor Climbing Award Schemes) sessions, he was highly introverted and struggled to engage in conversation with his peers. Week by week, he came out of his shell, becoming a more confident climber and getting to know the other attendees. As his belaying and other technical skills advanced, he began teaching others what he'd learned. Tommy returned to us after the summer holidays for his second NICAS term at the Village.



“ Our charity has been renting office space at the YMCA for over a year now. The facilities are fantastic and the staff team have been friendly and helpful in meeting our organisation's individual needs.

- Sarah, Home-Start

Working in Partnership

Home-Start

Based in our community business space, Home-Start have recently obtained funding for a volunteer counsellor, who provides free counselling sessions to parents they work with. YMCA Nursery at the Village staff have been accommodating, providing childcare for parents while they attend their counselling sessions.

Inspire Music

Inspire Music have been running a 'music collective' for young people aged 11-18 in the Village Conference Room since January. Students studied other artists and developed performance skills, rotating through four different bands to practice different genres of music, culminating in a 30-minute set on the main stage at the Newark Festival.

You Can Do Sport

You Can Do Sport is a unique programme for young athletes that makes use of the Village's broad range of resources.

Many young people in our community suffer from social isolation, or perhaps struggle in school. This programme aims to nurture athletic talent while also focusing on academic achievement, personal development, and community involvement.



Inspire

Inspire runs a one-year course in Employability Skills and Personal Social Development from one of the five Education Rooms at the Village. This well-received course is for young people aged 16-19 years, with options to study for GCSE English and Maths.

Community Spaces & Hospitality

“ We could not have chosen a better venue or more incredible team to guide us through our day. It was perfect!

- Jessie and Carl,
on holding their wedding at Malt Cross



Hospitality

We're proud to operate three unique not-for-profit venues, offering spaces for our local community to meet, socialise, do business, and even celebrate their weddings.



YMCA Café

In September 2022, Malt Cross Ltd opened a second hospitality venue at the Community and Activity Village, operating under the name of YMCA Café. The 90-seat café has additional outside seating, a terrace, and a landscaped garden area. Malt Cross Ltd also operates a 40-capacity bar and function room, as well as a separate conference and function room which can accommodate 200 guests. The café is bustling with customers and the function spaces are regularly used by groups such as the NHS, East Midlands Ambulance Service, U3A, and Newark Business Club.



International Community Centre

The ICC on Mansfield Road continues to hire out meeting rooms and spaces at a discounted rate to community groups and not-for-profit organisations, along with self-help groups, adult education classes, training courses, presentations, and business meetings.



Malt Cross,
St James's Street

NOTTINGHAM CITY CENTRE



Malt Cross

Malt Cross hosted a colourful range of events throughout the year, including live music, arts and crafts workshops, storytelling, food and wine pairing sessions, the diversity of which helps the venue stand out in the Nottingham scene. Along with six wedding receptions, Malt Cross hosted private hires throughout the year for local and national companies such as Grain Lab. In support of young people and emerging talent in the city, the venue exhibited artwork and photography from students of Nottingham College and Nottingham Trent University.

Malt Cross has continued to fundraise for YMCA, raising £1,228 at Beer + Carols events, which helped the kitchen team prepare Christmas dinners for vulnerable YMCA residents. As part of a wider project, Malt Cross chefs delivered cooking sessions to YMCA residents throughout the year. The venue gained national media coverage when The Telegraph featured the venue as a must-visit destination in Nottingham, mirrored by a similar feature in The Guardian.

355 Events delivered

£1,228



6 Weddings hosted

Raised to support Malt Cross chefs to cook Christmas Dinner for YMCA residents

The Sharing Table: A Collaborative Project

Project with Malt Cross, The School of Artisan Food and YMCA

In 2022, we were fortunate to receive a grant from the Heritage Lottery Fund, allowing us to offer an engaging 8-week cooking course to 60 remarkable young individuals aged 16-25 living in YMCA supported housing. Our partnership with the esteemed School of Artisan Food and the Malt Cross enabled us to deliver a comprehensive programme, where participants could explore a range of recipes and discover the importance of traditional cuisine and cultural heritage in our modern lives.

This incredible project commenced in April 2022 and we can proudly say that the course has had a tremendously positive impact on the young people who participated.

Both charities draw from Christian roots, sharing values of compassion, care, honesty, respect, and social responsibility.



By introducing them to diverse recipes and cultures, it has enhanced their culinary knowledge, equipped them with essential life skills, and provided a significant boost to their self-esteem, motivation, confidence, engagement, relationships, and overall personal and emotional development.

Moreover, it has fostered a sense of teamwork and collaboration, allowing them to grow individually and collectively. The course has also opened doors for further education, providing them with the opportunity to expand their knowledge and skills and obtain valuable qualifications.

Street Pastors

With their home and Safe Space at Malt Cross, our Street Pastors project is driven by volunteers from local churches. Street Pastors patrol the city centre on Friday and Saturday nights, providing practical, non-judgemental help for those in need.

Nottingham's night-time economy boasts up to 40,000 visitors every weekend, including young people from two world-leading universities. Whether it be giving out flip-flops, water, or emergency first-aid, Street Pastors are there to help when someone's night out takes a turn for the worst.

2,132

Bottles recycled

397 Vulnerable people supported

18

People in need of first aid

6

Calls to 999

26

People helped home



Our year in numbers

1,659

Community activities
at the International
Community Centre



1,209

Temporary housing residents supported

395

Outdoor Education
sessions delivered



31,969

Childcare sessions booked



4,000+

YMCA Village
visitors per week

700

Food parcels donated to
residents by Skinny Foods

247

New staff starters

18

Young people supported in
Children's Residential Care

600+

Climbing
sessions delivered

1,050+

Gifts donated to
residents at Christmas

2

Cross national media
features (The Guardian
and The Telegraph)


FUNDING

A special thank you to our funders, sponsors and partners...

Jones 1986 Charitable Trust	Lady Hind Trust	YMCA England and Wales RoomSponsors	The National Foundation for Youth Music	HomeStart Newark	Lincoln College Group
Albert Hunt Trust	Leeds City Council	Active Partners Young Peoples Fund	Football Foundation	Department for Digital, Culture, Media & Sport	Inspire
The National Lottery	Lord Barmby Trust	GRJ Contracting	Newark and Sherwood District Council	Aarsleff Ground Engineering	Newark Town Football Club
Aldi Winter Fund	Mansfield District Council	M&S Grant Fund – Gifts that Give	D2N2	Influence Environmental	Every Turn
Arts Council England	The Mighty Creatives	Postcode places Trust Magic Little Grants	Football Foundation	Nigel Smith Plumbing	 Food Donors
Bassetlaw Rough Sleeper Grant	Nottingham City Council	The 29th May 1961 Charity	Nottinghamshire County Council	You Can Do Sport	Sainsburys
BBO	Multiple & Complex Needs Rough Sleepers Initiative	Sport England Queens Jubilee Fund	Newark Town Council	Kuehne and Nagel	Tesco
Capitol Park	Nottinghamshire Police & Crime Commissioner	Barclays Community Football Fund	British Cycling	Rilmac	Aldi
Derbyshire Environmental Trust	Nottinghamshire County Council	The Mary Potter Convent Hospital Trust	Tarmac	Acorn Aluminium	Lidl
BBC Children in Need	Sir John Eastwood foundation	St Mary's Relief in Need Charity	Landfill Communities Fund	Stewarts of Trent Bridge	Morrisons
Comic Relief	Social Recovery Fund	Reed Foundation	Newark Town Board	Ermine Engineering	The Skinny Food Co.
FCC Communities Foundation	Nottingham City Business Improvement District	Co-op Local Community Fund	Own the Ride	RHP Social Club	
Sport England	Thomas Farr Charity	Lloyd Worrall Architectural Solutions		Newark Athletics Club	
Gray Trust					
Heritage Lottery Fund					
J N Derbyshire Trust					
Jessie Spencer Trust					



A special thank you to all of our incredible community fundraisers and sponsors, who have run, baked, rowed, bag-packed, slept outdoors and so much more to support local young people and families!

 You are
 more, you can
 be more, you
 are **not** alone.

- George Williams,
 Founder of the first YMCA in 1844

Accounts

YMCA Robin Hood Group Financial Performance				
	2022/2023			2021/2022
	Unrestricted (£000s)	Restricted (£000s)	Total (£000s)	Total (£000s)
Housing operations income	9,926	542	10,468	9,533
Other operations income	5,998	351	6,349	4,270
Total Income	15,924	893	16,817	13,803
Housing operations income	(10,011)	(561)	(10,572)	(7,201)
Other operations income	(6,310)	(516)	(6,826)	(5,927)
Total Expenditure	(16,321)	(1,077)	(17,398)	(13,128)
Non-recurring one-off costs	(535)	-	(535)	-
Net Income/ (Expenditure)	(932)	(184)	(1,116)	675
Total funds brought forward	4,693	688	5,381	4,706
Net movement in funds	(932)	(184)	(1,116)	675
Total funds carried forward	3,761	504	4,265	5,381

A year of milestones...

A first of its kind in the UK, we joined with local partners to launch a Developmental Assets study. The results will inform joint aspirations to build more opportunities based on the voices of young people.

Our Children's Residential Care service fully transitioned into a therapeutic model of care. In Supported Housing, our temporary accommodation now supports more young people than ever out of homelessness.

In another first, the YMCA Community and Activity Village opened its doors. In swift succession, our new Nursery welcomed its first children, and our Climbing Centre its first adventurers.

It would be amiss to not acknowledge the challenges that we have faced too. An organisation working in youth, care, and homelessness - we have not been immune to the pressures on resource so common in the third sector. However, I am proud that at its very core YMCA is resilient. Together our team have implemented strategies with agility and care, strengthening the foundations of our services for years to come.

With that, I could not possibly close this annual report without expressing my boundless thanks to those that make up our YMCA.



Our partners, funders, and beneficiaries – thank you always, for your collaboration and support. But most of all, I want to shine a light on our exceptional staff and take a moment to speak directly to them.


This past year, you have achieved so much. Through the smallest actions each of you make every single day, you are a force of astonishing change in our community. Wherever you sit in the organisation, this year has been hard work. Only through your actions have we helped so many people. Thank you.

Reflecting on this year, I am steadfast in our priorities for the future. For the next 12 months, our efforts are focused on quality. The greatest possible opportunities and experiences for young people, for our community, for our staff.

Craig Berens
Chief Executive Officer



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